



whole family. See page 18.





# Waltham Forest News

Your Council keeping residents informed

www.walthamforest.gov.uk

Issue 4, 21 September 2009

# Your borough needs you

# Petition launched to demand more police

Residents are being urged to join calls for at least 120 extra police officers to be walking the beat in Waltham Forest.

More than a fortnight since councillors and the MET discussed local concerns around the number of bobbies in the borough, there is still no official response from police sources. As a result, leaders of the three local political parties joined forces last Monday to call on all residents to sign a petition and have their voices heard.

Waltham Forest Council Leader, Cllr Chris Robbins, explained the move was about demonstrating support, not pre-empting a response.

"I'm still open-minded about what the MET may say," said Cllr Robbins. "It's by no means a done deal, but they need to see that our residents are serious about this."

The call for back-up came after a police report showed Waltham Forest was being under-resourced compared to other London boroughs.

"The evidence is clear and comes straight from a police report," added Cllr Robbins. "Police analysis of this report showed Waltham Forest has unique challenges. as well as a disproportionate amount of serious crime in the borough.

# Waltham Forest is calling for back-up

The evidence is clear





Cllrs Robbins, Macklin and Davis have called for your support

#### Waltham Forest has unique challenges, as well as a disproportionate amount of serious crime.

"We don't want special treatment, we want a fair deal."

A series of small events are now set to go on across the borough this autumn where residents will be

encouraged to add their names to the growing number of supporters. Postcards are available at council buildings and these can be filled in and returned to campaign HQ.

#### More info

You can add your support to the campaign by:

- · Returning the coupon on the back page
- · Filling in a postcard from any council building
- . Signing the petition online at www.walthamforest.gov.uk/ backup

#### News

**Q2** Latest news from around the borough

#### **News**

**Peter Crouch:** a tall story



**Ascham Homes** Newsletter

## **Our Community**



Chingford's head of steam

## **Our Safety**



Safer transport





scouts.org.uk/conferences

t: 0208 498 5300 e: gilwell.conferences@scout.org.uk

# News

## In my opinion

## **Adrian Stannard**

Waltham Forest Civic Society



Wikipedia defines volunteering as "the practice of people working on behalf of others without being motivated by financial or material gain. Volunteering is generally considered an altruistic activity, intended to promote good or improve human quality of life".

So why has volunteering become so organised? Surely one of its benefits is to operate with a minimum of rules.

Over hundreds of years, faith organisations of all kinds have not only raised money through voluntary donations to put up buildings and centres but have also set up numerous charitable and social ventures, run largely or wholly by volunteers. They were not organised by Government but by a common interest.

The Scout Movement, started by Lord Baden Powell in 1907, encouraged leaders to give their time for the betterment of the lads who joined the Scouts. Today at Gilwell Park in Chingford a vast army of paid administrators control the movement, but the day to day running of each Scout Group is in the hands of volunteers – people who give their time to improve the lives of the next generation.

Risk assessments are needed before you even step outside your front door. Opening a bank account for a voluntary group is more difficult than opening a business account for the Mafia.

Waltham Forest Civic Society has been run for nearly 40 years by volunteers passionate about the built environment we all have to live in. All they want is to preserve the best and improve the rest in our borough.

A hundred years ago there were few controls on our lives, but now we are all guilty of all sorts of crimes unless we can prove we are innocent. Volunteers cannot work with children unless they can produce a CRB form that proves they are safe to do so. Risk assessments are needed before you even step outside your front door. Opening a bank account for a voluntary group is more difficult than opening a business account for the Mafia.

Councils are now employing Community Officers to make contact with residents to encourage them to

This misses the whole point of volunteering, which is for a group of like-minded people to come together with the minimum of rules and regulations to carry out their objectives whatever they may be.

#### Want to have your say?

If you live or work in Waltham Forest, have something you'd like to get off your chest, and can do it in around 300 words; Waltham Forest News wants to hear from you. Email the Editor at: walthamforestnews@walthamforest.gov.uk and tell us what you'd like to write about.



# Dogs' days at Vestry House

- 'Going to the Dogs' includes photography and oral history
- Exhibition details last months of Walthamstow Stadium

A new exhibition documenting the final months of Walthamstow Greyhound Stadium is to go on display at Vestry House

#### Museum, Walthamstow,

Documentary photographer, Katherine Green's, 'Going to the Dogs', focuses on the people



Enjoying a night out at The 'Stow © Katherine Green

who worked at the stadium and contributed to its history.

The exhibition will run from Saturday 26 September until Friday 27 November, before travelling to the Light House, Wolverhampton, in 2010. The exhibition will then reside in the museum's borough archives.

Vestry House Museum is open from 10am until 5pm Wednesday to Sunday. Schools and pre-booked groups can also visit on Tuesdays. Entry is free.

#### More info

For more information on Vestry House Museum call **020 8496 3000** or go to www.waithamforest.gov. uk/vestry-house

#### Fact file

- The 'Stow' was built by William Chandler and opened in 1933
- The stadium, once dubbed 'Las Vegas at the end of the Victoria Line', had the capacity for over 5,000 spectators
- Walthamstow Dog Track appeared in a number of works of popular culture, including the film 'Snatch', on Blur's 'Parklife' album artwork and in East 17's 'House of Love' video
- All meetings had 14 races except for the Friday meeting, which had 12. The most common races were over 475 and 640 metres, with occasional 430m, 835m and 880m races for specialist greyhounds
- Walthamstow Stadium staged Motorcycle speedway racing in 1934 and between 1949 and 1951
- The final race was held on Saturday 16 August 2008 at 11pm, the winner was the No. 2 dog, 'Mountjoy Diamond'.

#### **Waltham Forest News**

Editor: Andy Strickland

Waltham Forest News wants to hear from people in the local community. If you have a story that you'd like us to cover, email walthamforestnews @walthamforest.gov.uk or call 020 8496 3000.

Advertising and promotional enquiries: Sunil Duggal, 020 8496 3000 (press 6) advertisingwfn@walthamforest.gov.uk

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# Making the difference

- Young stars shine at first I Make a Difference Awards
- Individuals and groups celebrated for their achievements

World records holders and TV stars were among those celebrating local youngsters recently, at the first I Make a Difference Awards.

Over 300 young people from across Waltham Forest were nominated for an award, with many of them cramming into the ceremony at Leyton Orient's Matchroom Stadium, to recognise the achievements of their friends and family.

Far from being celebrated for high grades and good behaviour, the I Make a Difference Awards are designed to celebrate young people who have made a real and positive difference to others' lives.

Apprentice winner, now youth guru, Tim Campbell, presented awards alongside free-diving champion, Sara Campbell, and the Mayor.

Self-help star, Jim Lawless, who once proved his determination by becoming a professional jockey in just 12 months, gave the keynote speech, praising the borough's youth as an inspiration for all.

"I normally present to people who have slipped into a lull and need to be revived," said Jim. "There's not a person here that needs to be reinvigorated. Every single one of you has seen a challenge and had the bravery and dedication to tackle it. It's amazing."



The I Make a Difference winners celebrate

Winners of the awards

- which were entirely
developed by young people
working with the borough's
Children's Commissioner

- included Alex Bain, for
his personal progress since
attending a Pupil Referral Unit;
Mohammed Suli Mohammedi,
for his work championing
young people, and the William
Morris School Council who,
despite numerous learning
and physical difficulties, have
campaigned against bullying.

Local girl, Kara Hoyte, was also commended for her outstanding bravery, after securing the conviction of her ex boyfriend for murder.

#### More info

For a full list of the winners, visit www.walthamforest. gov.uk/difference

# In brief

# **Black History Month**

October is Black History month and a series of events have been arranged to celebrate black history across the borough. 'A Charmed Life', a film about Jamaican airman, Eddie Noble, who served in the RAF during WW2, will be screened at Vestry House Museum, Walthamstow, on Sunday 4 October at 2pm. The popular black comedy night takes place at Walthamstow Assembly Hall on 2 October while children's story times, poetry and drum workshops are also on offer. To book your place at library events call 020 8496 3000.

• For more information visit: www.walthamforest.gov.uk/black-history-month

# **GLL Sport Foundation**

Twenty four talented young athletes from Waltham Forest have been awarded sports grants by the GLL Sport Foundation. Now in its second year, the foundation provides grant funding of up to £1,750 for athletes competing in Olympic, Paralympic, Special Olympic and Deaflympic disciplines.

As well as providing funding that allows young sportspeople to attend training camps and competitions, the grant also gives access to GLL operated leisure centres to help with training.

• For more information on the Sport Foundation, and its grants visit www.gllsportfoundation.org

# Tea time at the Morley centre

Sixty older people enjoyed a sneak preview of the newly refurbished Morley Centre at an old fashioned tea party on 10 September.

The Morley Centre has reopened at Billet Road, Walthamstow following redecoration. The centre provides a modern day care service for older people with dementia.

Older people, their families and carers all enjoyed live entertainment, music, dancing and karaoke. The revellers also enjoyed typical tea party fare with tea, cakes, sandwiches and even 'goodie bags' of chocolate cake to take home. The party gave people the chance to ask questions about the services



Cllr Phillips (second left) and dancers enjoy themselves at the tea party

provided by the Morley Centre and to meet staff and other service users

Mrs Merry and her son Alan attended the event. Alan said: "I've been watching Mum and she's really enjoying herself. She's been singing away, it's lovely. She'll not stop talking about this afternoon!"

Cllr Liz Phillips, Cabinet Member for Health, Adult and Older People, said: "The tea dance was a really good event. Those who couldn't get up and dance could sing or clap along. I didn't want to leave as I was enjoying myself so much! It was lovely to see so many of our older people enjoying themselves, and finding out what the Morley Centre has to offer."

#### More info

For more information about services for older people call **020 8496 3000** or go to www.walthamforest.gov. uk/adults-and-older-people



# News

## In brief

# Lights, camera, Olympics

Local teens with an eye for filmmaking are being sought to produce a series of short films about the Olympic Games. Young people aged between 14 and 19 can sign up for the VAULT film project, which is being run across the five Olympic boroughs (Greenwich, Hackney, Newham, Tower Hamlets and Waltham Forest).

The scheme will see those selected to take part trained in digital filmmaking and given tips on how to crack into the film industry. VAULT launches on Sunday 27 September though, so time is of the essence.

 For more information and to sign up for the day, visit www.thevaultproject.com, or contact Alison Poltock or Stephen Block, on 020 7364 7917 or text 'VAULT' to 81025.

## Don't brisket

Two of the Council's food safety officers were greeted with a grim sight when they ventured into xxxxxxx xxxxxxx xxxxx at xxxxxx xxxxxxx on 28 August – one of the worst xxxxxxx xxxxxxxxx they've ever visited. The officers visited the shop following a complaint from a resident, finding its cold room full of bluebottles, fly eggs on the carcasses and several pieces of putrid meat. A hygiene emergency prohibition notice was served immediately and the shop was closed. The closure was later confirmed by Waltham Forest Magistrates' Court, with £560 costs awarded. At the time of writing the Council's food safety team is considering whether to take further action against the shopkeeper.

 If you have any food safety concerns, call the food safety team on 020 8496 3000.

# Domestic violence survey

A survey asking young adults about their experience of domestic violence is currently running, but time's running out if you want to participate. The survey – put together by charities Broken Rainbow and Eighteen & Under – takes about ten minutes to complete and asks people aged 18-25 about their knowledge and experience of domestic violence, covering such topics as its impact, prevalence and whether sexuality, ethnicity or age has had a particular effect on their perceptions. Anyone completing the survey gets the chance to win prizes like a 1GB iPod Shuffle, pop-up Quechua two-seconds tent or an Amazon voucher. The survey closes on Wednesday 30 September.

To take part in the survey, visit http://youth.questionpro.com

## A Chorus Of Disapproval

The Drama Workshop of Waltham Forest will be treading the boards in Walthamstow this week, putting on a performance of Sir Alan Ayckbourn's 'A Chorus Of Disapproval'. The popular play (later made into a film starring Anthony Hopkins and Jeremy Irons) follows Guy Jones as he rises through the ranks of the Pendon Light Amateur Dramatic Society and encounters seduction, romance and jealousy along the way. Taking place at the Forest Community Centre, Guilford Road, Walthamstow E17 4EA, the play runs from Friday 25 to Sunday 27 September, with doors opening at 7.30pm. Tickets are £7 / £4 concessions and must be pre-booked.

 To book or for more information call 020 8524 7269 or visit www.wegottickets.com/f/l082



The football whiz happily signing autographs for young fans

# **Sporty kids earn their Spurs**

- England and Tottenham Hotspur ace visits summer multi-sports club
- Youngsters take part in activities and a question and answer session with Peter Crouch



Children attending a summer multi-sports programme at Ridgeway Park, Chingford were delighted when Tottenham striker Peter Crouch dropped in for a visit.

The multi-sports session was run by the Tottenham Hotspur Foundation and Waltham Forest Sports and Leisure Team on behalf of the Council's Extended Services

Sessions take place throughout the borough during every school holiday; keep an eye out for details in future issues of Waltham Forest News. Though clearly excited to have the sports star in their midst, the kids certainly weren't too awestruck to ask a few questions. Here's a selection:

Q: When did you start playing football?

A: I first joined a team when I was 9.

Q: How did it feel playing for England?

A: Playing for your country is a brilliant feeling. The best thing you can do is to represent your country, so it was great.

Q: Can you do "the robot" for us?

A: (Laughs) Sorry I can't at the moment, I've got a robot injury!

Q: Who is the best footballer you've played with?

A: Steven Gerrard. He's got everything and he's brilliant in training.

Q: Who is the best defender you've played against?

A: I think John Terry probably. He's very good.

Q: What is your favourite goal you've scored?

A: The scissor kick I scored for Liverpool in the Champion's League. As a kid I always wanted to score volleys - I'd practice them in the garden.

Peter said: "The Summer Holidays can be quite long, but the activities on offer here will keep kids occupied and out of trouble.

"It's always nice seeing people getting involved in sport, so it's great for me to come down and play my part. The kids were enjoying themselves and I certainly was as well.

"The coaches give up their time to make these days enjoyable, and for us players, coming along to visit is the least we can do."

#### More info

For more info on Extended Services schemes call 020 8496 3000 or log onto www. walthamforest.gov.uk/ waltham-forest-early-years

#### Fact file

- Peter Crouch was born in Macclesfield on 30 January
- He has played for Aston Villa, Dulwich Hamlet, IFK Hässleholm, Liverpool, Norwich City, Portsmouth, Queens Park Rangers, Southampton and Tottenham Hotspur
- The striker rejoined Spurs from Portsmouth in July 2009, having been released as a youngster nine years earlier
- Peter made 132 appearances during three seasons at Liverpool and scored 40 times, also winning the FA Cup and FA Community Shield in 2006
- He made his debut for the England senior team against Columbia in 2005, scoring his first goal in a 2-1 win over Uruguay in 2006. He has since scored 16 goals in 34 appearances.

# £5.9million boost for skills centre

- Thousands of recession-hit Londoners set for jobs training
- Courses will range from scaffolding to carpentry and roofing



Cllr Wheeler at the site of the skills academy

Plans for a National Skills Academy for Construction in Leytonstone can now be finalised, thanks to a £5.9million cash boost.

The grant was confirmed by the Learning and Skills Council (LSC) on 10 September, and follows the Council's own investment of almost £1.5million.

Once completed, thousands of residents from across east London will benefit from training programmes on the Cathall Road site, designed to cover the breadth of the construction industry.

Cllr Terry Wheeler, Cabinet Member for Enterprise and Investment, said: "This cash boost will come as welcome news to Waltham Forest residents as it means more training leading to more jobs at a time when it's needed most.

"The academy will provide workers with the skills needed to secure jobs on construction projects such as the 2012 Games, Stratford City and Crossrail for many years."

The project is the result of a partnership between Waltham Forest Council and numerous key agencies in London, including the Olympic Delivery Authority, London Development Agency and Construction Skills.

Preparing the site has provided many challenging problems to be overcome. The site was an old power station originally built to power local trams

"There were some issues with the site itself when we first started to prepare for construction," added Cllr Wheeler. "It was quite contaminated and as well as underground power cables to

contend with there were huge underground holes which had to be filled. There were also bats to be re-homed and mounds of very toxic pigeon contamination to contend with "

"Site preparation works have already been completed and now with confirmation of the funding, construction of the buildings will start at a pace. The centre is now expected to formally open next year."

Once complete, the Leytonstone-based academy will comprise two training halls, classrooms, a cafeteria and office accommodation.

#### More info

For more information on the site itself call **020 8496 3000** or to find more training opportunities near you, visit www.walthamforest.gov. uk/2012

## In brief

# **Family Learning Week**

Families eager to learn new skills together can visit their local library for tuition and guidance this Family Learning Week. The week will be celebrated in the borough's libraries from Monday 28 September to Friday 2 October.

Under fives can take part in literacy and numeracy sessions at Leytonstone Library, while children aged up to 11 years can enjoy reading and craft at north Chingford Library. Or why not learn a new language together at the French and Spanish taster sessions at Higham Hill and Leytonstone Libraries?

 For more information on library events call 020 8496 3000 or visit www.walthamforest.gov.uk/libraries

# Family fun day

Families are being invited to experience the wide range of activities available through the South Chingford Extended Schools Programme.

An open day is taking place at Rush Croft Sports College this Saturday (26) from 10am-2pm, with representatives from Rush Croft, Chingford Hall Children Centre, Selwyn Primary School and Brookfield House. The four schools all work together to provide activities and learning opportunities to the wider community.

On the day mums, dads and children alike can try their hands at anything from Judo to cookery, as well as enjoy the bouncy castles, bungee runs and sports activities.

 For more information on Extended Services in your area, call 020 8496 3000.

# sharing minds and hearts

residential and dementia care



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# **Our Environment**

## In brief

# **Get your office greener**

While recycling at home may be a piece of cake, going green in the workplace can sometimes seem a touch trickier. One easy way to do your bit is by getting in touch with Forest Recycling Project who, for a modest fee, will happily take away your office waste paper. They'll also grab any unwanted toner cartridges, give you some handy advice as part of the bargain, and will even dispose of any confidential paperwork in a safe and secure manner. The paper they collect will be recycled, saving natural resources and reducing the amount of waste going to landfill.

 For more info visit www.frponline.org.uk or call 020 8539 3856.



# Get on the bus for animal magic

Residents can meet the animals, enjoy a fun packed day of activities and enjoy exhibitions and forest walks at the Suntrap Open Day on 10 October. A free shuttle bus will transport people from Chingford Station to the centre in Loughton.

The day runs from 12noon-4pm and limited parking is also available at the centre, which runs a packed schedule of educational programmes for schoolchildren in Waltham Forest.

 For more information contact Kerry Rolison on 020 8508 0611 or visit www.suntrap.
 waltham-forest.igfl.net

# If you go down to the woods today

If taking a fun and informal look at the natural history of Larks Wood during a gentle ramble through some beautiful woodland sounds like fun to you, why not take part in this year's Autumn Tints event? It takes place on 1 November from 10am-12.30pm, meeting at the Normanshire Drive entrance to Larkswood Playing Field in Chingford.

Anyone travelling by bus need to take the 357, 444 or W16 routes to the Grove Road stop in New Road, then take the footpath alongside the Harvester restaurant.

The event, organised by the Friends of Ainslie and Larks Wood, is free, and children and well behaved dogs are welcome.

 For more information and to book tickets contact Pam Sable on 020 8524 5794



While these scraps are only fit for your brown bin, why not see how inventive you can be with your other leftovers?

# Cooking up a winner

- Average family throws away £610 worth of good food each year
- Put your leftovers to good use and win a £100 hamper

The borough's canniest cooks are being rallied as part of a new campaign to banish food waste and give those scrumptious leftovers a new lease of life.

Residents are being asked to send in recipe ideas that include at least one 'leftover' ingredient as part of the 'Love Food, Hate Waste' cookery competition, with the lucky winners getting a hamper worth £100 and the chance to see their recipe printed in a cookery book later in the year.

The 'Love Food, Hate Waste' campaign runs across north London until February 2010 and aims to reduce the amount of food ending up in landfill sites. The amount we chuck out tots up to roughly £610 worth

of wasted cash per family per year and hundreds of tonnes of perfectly good grub dumped in the ground to produce methane – a harmful greenhouse gas that's no good for people or the environment. So, what are you waiting for? Get handy in the kitchen and cook us up something special...

#### More info

The competition closes on 2 October. To submit a postal entry, please send the recipe, cooking instructions and a photo to: Recipe Competition, North London Waste Authority, Lee Valley Technopark, Ashley Road, Tottenham, N17 9LB or contact 020 8489 5366 for further information.

Alternatively, visit www.nlwa.



# Love your borough



- New photography competition opens show us what you love about Waltham Forest
- Winning entries will be featured in a calendar, with prizes for the top three pictures

Residents with a knack for capturing that perfect moment have got another reason to get snappy: the launch of a new boroughwide photo competition.

The Waltham Forest 'love your borough' competition is a call to shutterbugs of all ages and abilities to dust off their cameras and document scenes and sites they love from around Waltham Forest.

Perhaps you could capture your favourite park in full bloom, snap a moody black and white shot of the borough's Georgian terraces or dazzle us with pic of the eye-catching Hitchcock murals at Leytonstone tube station.

The twelve best photographs will feature in a calendar, the sale of which will raise funds for the

Mayor's Charity Appeal. Mayor Mbachu is supporting both the Whipps Cross Maternity Unit's 'Big Push' appeal and its Special Care Baby Unit.

As well as seeing their art in print and exhibited at a later date, one lucky entrant will be deemed Waltham Forest's Photographer of the Year and scoop £300 worth of gift vouchers. Vouchers worth £150 will go to the happy snapper in second place and £50 to the person in third.

The competition closes at midday on Monday 9 November. To be in with a chance of winning you must upload your image/s (each entrant can submit up to four) at www.walthamforest.gov. uk/love-your-borough, tell us where they were taken

and include a description explaining why it shows what you love about Waltham Forest. Alternatively you can send your entries on a disk to Love Your Borough Photographic Competition 2009, Corinne Hibberd, Sycamore House, Forest Road, Walthamstow E17 4JF

#### More info

For more details on the competition, how to submit your pictures, what format they should be in and full terms and conditions, visit www.walthamforest. gov.uk/love-your-borough or contact Corinne Hibberd on 020 8496 3000.



Think you can do better? Then show us what you love about Waltham Forest.

## In brief



## When will I be famous?

Two environmental health officers will be thrust into the limelight next month when they feature on a television series about food hygiene. The ITV1 programme called 'Dishing The Dirt' follows Pip Broad and Phil Keighley as they assess hygiene standards in a number of Waltham Forest food premises.

Film crews followed the pair around the borough earlier this year to find out more about how the Council works to improve hygiene standards in Waltham Forest. The four-part series airs at 10.30pm on ITV1 on Tuesdays 13, 20 and 27 October, concluding on Tuesday 3 November. Pip and Phil feature in the first and last episodes.

• For more information on food hygiene in Waltham Forest contact the food safety team on 020 8496 3000.

#### Family Information Service

A confidential service providing free and impartial information and support to families with children and young people aged 0-19 and up to 25 for people with disabilities

- Childminders Day NurseriesChildrens Centres

- Crèches Pre-schools
   Parent and Toddler groups
   After School and Breakfast Clubs
- Holiday Playschemes
- Extended services

#### We also provide support and information on:Working Tax Credits and

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- places for 3 to 4 year-olds
- Special needs inclusion
- Working with children Training opportunities
- Becoming a registered childminder
- or opening a childcare provisio



Phone: 020 8496 3000 Email: wfcis@walthamforest.gov.uk Website: www.walthamforest.gov.uk/csd



# Norlington School for Boys

a specialist school in mathematics and computing



#### Open Evening Tuesday September 29th 2009 6pm-8pm









A school where GCSE results continue to improve.

In the 2009 GCSEs, 76% of boys gained an A\*-C grade in ICT. For maths it was 56%, science 73%, business studies 73%, textiles 77% and music 88%.

Come and see why Norlington is the place to be for boys in Waltham Forest.



www.norlington.net Phone 020 8539 3055 Email norlington.school@sch.walthamforest.gov.uk for a prospectus or more details

# ahead

newsletter ■ September 2009 ■ issue six



#### **News in brief**

#### The Inspectors are coming..

Ascham Homes will be inspected by the Audit Commission from 8 to 19 February 2010. We currently have two stars and are working towards retaining them.

#### Working together

Since 2005 DC Mediation have helped residents to resolve neighbour disputes. In the last six months we have worked towards resolving 15 cases, 3 are successfully resolved.

#### Mystery Shopping

Help us test our services by being a Mystery Shopper. Our newly produced service standards need road testing by you! You can do it from home, by telephone, letter, email or in person at Willow House in Forest Road, Walthamstow. Contact Saadia Chowdhury, Policy Manager on 020 8496 4022 or email saadia.chowdhurv@aschamhomes.org.uk

#### **Grant Finder**

We are applying for 'Award for all' funded by the National Lottery for youth diversion work and training.



Florence Bedwell, 77 years, is a local hero, a humble joyful soul, full of energy and a dedicated member of her local community. A brave woman who took matters into her own hands when local youths were causing antisocial behaviour on her estate. Twenty-five young Asian males attending the nearby mosque on Lea Bridge Road, Leyton were congregating on the estate to smoke, drink and make noise nuisance.

Brave Florence approached the youths many times on behalf of her elderly neighbours because they felt too afraid to approach them directly. On one occasion, late at night Florence told them to move off the estate, refusing to be intimidated on her home patch of 45 years. After reporting the youths to the Mosque's Project & Programme Leader, Hanif Qadir, Florence suggested that the youths needed activities to keep them off the estate. As a result of her appeal, the Mosque have provided free membership to their Gym and happily Florence reports that peace has returned to her estate.

Florence chairs the local council tenants area forum, is the chair of the Friends of Lea Bridge Library Gardens and a member of the local policing panel. She is always helping her neighbours, both at her local church and in the wider community whether its cleaning up the gardens, making tea for fundraisers or simply looking after others.

In recognition of Florence's dedication to her community she was nominated by Councillor Stella Creasy for the Social Landlords Crime & Nuisance Group award, which recognised local heros in each of the five Olympic host boroughs with a flower bed designed in their name. If you haven't seen Florence's flower bed at Ridgeway Park in Chingford you can see a photo on our website, at www.aschamhomes.org.uk.

Whilst walking near the Ridgeway Park, Florence overheard two women commenting on her flowerbed as one asked the other, who is Florence Bedwell? The other responded, oh she's probably a dead councillor. Florence laughed to herself and said nothing to them, proving what a humble woman she really is. If either of those women are reading this article, now you know who Florence Bedwell is!







#### Met-Track



Track and field activities for young people aged 10 to 17 years. Sessions take place every Friday from 4:15pm til 5:45pm at the Pool 'n' Track in Walthamstow. Contact Rubeena Amanullah on 020 8496 4966.

Places still available.



#### Council Leaseholder news

For Leaseholders who lease their property from Waltham Forest Council

#### Mediation

If you disagree with us about any part of your service charges, we can offer mediation through LEASE (The Leasehold Advisory Service). The service provides a way to settle a dispute without the need to go to court or the Leasehold Valuation Tribunal. If you have already complained about any part of your service charges and are unhappy with our response, ask us for more information about the mediation scheme or go online to www.lease-advice.org/medmain.htm.

#### You said, we did...

#### You said...

that you were concerned about the value for money of your service charges.

#### So we...

have included an explanation about your charges with your hill

#### You said...

that you wanted a Leaseholder Handbook.

#### So we...

are the process of producing one and will ask the new Leaseholder Focus Group for their views before it is published.

#### You said...

that you wanted a newsletter for leaseholders.

#### So we...

produced it in consultation with the Leaseholder Focus Group and hope you like it.

#### You said...

that you would like to be able to use our contractors for work inside your homes.

#### So we...

put you in touch with our contractors for works like rewiring, heating, new kitchens and bathrooms.

#### Letting your flat

As a leaseholder, you are normally entitled to rent out your flat as long as the company providing your mortgage does not object. But renting out your property may affect your buildings insurance, because your premium is normally based on the fact that you are living in the flat.

If you rent out your property, you will be responsible for making sure that your tenants do not cause a nuisance to other people. You will also still be responsible for paying the ground rent, service charges and buildings insurance for the flat.

#### **Managing Antisocial Behaviour**

Raja Khan has been a Tenant Services Officer (TSO) for a year and has recently qualified with a BTEC National Diploma in Advanced Award in Neighbourhood Nuisance & ASB Case Work. This is an important achievement and we congratulate Raja on his success. The antisocial behaviour cases he works on, as do all our TSO staff have wide ranging and complex personal and social issues. Our staff work very hard to reinforce the terms and conditions of the Tenancy Agreement.



So far this year we had more reported cases of noise nuisance and harassment than other types of nuisance. We take antisocial behaviour very seriously, we are dealing with numerous cases of antisocial behaviour and so far this year we have been able to take legal action against 15 perpetrators.

Sometimes we find legal action isn't the most effective way forward and work with our partners to find a more appropriate solution.

#### Antisocial behaviour and harassment Service Standard

We will:

- take action against tenants who breach their tenancy agreement through their antisocial behaviour
- carry out an interview within 24 hours and all other cases within ten working days
- keep monthly contact with you and review each complaint after three months.
- keep you informed of what actions we are taking and decide on what action (if any) is to be taken within 15 days
- Write to you to confirm actions and when we close a close

#### Your rubbish, your responsibility

Fly tipping is an antisocial activity and a blight on our landscape. This criminal activity is on the increase and it's an expensive one. Waltham Forest Council is currently paying special attention to this antisocial activity and they are getting excellent results. To date they have successfully prosecuted several offenders.

A recent defendant was ordered to pay a £1,800 fine and a further £590 Local Authority costs for the incorrect disposal of an armchair and a settee. Remember that you are responsible for your rubbish. If you are caught fly tipping you will be prosecuted. If you fall victim to rogue traders who fly tip and the bulk refuse is traced back to you, you may well be prosecuted. It is your duty to ask traders for a 'Waste transfer note' that will have a licence number on it. If they can't produce one then you can't guarantee that they will dispose of your waste in the appropriate way. Getting rid of your rubbish to an Unlicensed / Unauthorised Waste Carrier could well end in you appearing at Court.

Waltham Forest Council offers residents three collections a year per household on a limited number of items for further information please telephone 020 8496 3000 or see their website: www.walthamforest.gov.uk

# for Waltham Forest Council tenants and leaseholders

# Your area, your say Get involved in decision making

Waltham Forest's six Community Councils meet four times a year to discuss local issues. Your Community Council gives you the opportunity to meet your ward councillors, council representatives and Safer Neighbourhood teams in an informal setting to talk about issues affecting the local area.

#### How would you like to see Community Council's funding spent?

There is £10,000 for each ward plus £5,000 for each Community Council area.

Local residents and voluntary organisations have suggested projects which benefit the community in your area. Come along to the meeting and tell us which projects you would like to see supported.

Details of the projects will be available on www.walthamforest.gov.uk /community-councils in advance of the meeting or you can contact the team and ask for a copy to be sent to you.

Last year Community Councils supported different local projects including:

- Sport for young people
- · Improvements to parks and local woods
- Door to door activities for older and disabled people



Waltham Forest

## Your next meeting:

Walthamstow West 5 October 2009 Walthamstow Academy, Billet Road E17 5DP

Leytonstone 12 October 2009 Epicentre, West Street E11 4LJ

Leyton and Whipps Cross 9 November 2009 SCORE, 100 Oliver Road E10 5JY

North Chingford 18 November 2009 Chingford Assembly Hall, Station Road E4 6AG

South Chingford and Highams Park 23 November 2009 Selwyn Junior School, Cavendish Road E4 9NG

Walthamstow and Lea Bridge 30 November 2009 Henry Maynard Junior School, Addison Road, E17 9JE

# All residents are welcome, just come along.

Meetings start at 7.30 pm, free refreshments from 7.15 pm.

All venues are wheelchair accessible with an induction loop provided. Information is available in large print, Braille and on audiotape on request. Community language, British Sign Language interpreters and childcare facilities can also be provided. We require at least three week's notice for BSL interpreters, and at least one week for other services.

For more information, including which Community Council you belong to and directions to the venues, call Waltham Forest Direct on **020 8496 3000** or visit www.walthamforest.gov.uk/community-councils

# **Our Community**

## **North Chingford**



Sunday 4 October is the big charity day at Chingford Model Railway

# **Trainspotting**

- 60th anniversary for Chingford's model railway
- Sunday 4 October is last chance this year, 1-5pm



As the autumn sets in, kids collect conkers and activities for local people move indoors across north Chingford, Sundays still bring the evocative sound of the steam train whistle from the Chingford & District Model Engineering Club - iust.

The next two Sundays are the last opportunities this year for enthusiasts young and old to get along to Ridgeway Park and enjoy an unforgettable ride on one of the club's S gauge trains. Sunday 4 October sees a special charity day to round off a fantastic summer for the club on a specially extended track.

The club formed in 1945 and is now funded in part by the North Chingford Community Council.

Chairman, Roy Berg, says: "When you see a steam train

it puts a smile on your face, it doesn't matter how old you are. We decided to do an extra weekend this year as it's 60 years since we got permission to build from the Council, and to give every penny to charity."

Rides cost just 50p or £1, depending on which track is in use and only £2 for a longer ride on 4 Oct when extended rides will take in three stations. Proceeds from that day will go to Haven House and Great Ormond Street Children's Hospital.

#### More info

Last rides this year are next Sunday 27 September, 2-5.30pm and Sunday 4 October, 1-5pm. Ridgeway Park, Peel Close, off Old Church Road, Chingford. www.chingford-modelengineering.com

## In brief

# Stretch your mind with bridge

A new 30-lesson bridge class for beginners starts on Friday afternoons in Chingford next month. Researchers claim that games like bridge can be useful for maintaining a healthy mind and even for keeping dementia and Alzheimer's at bay. The class, in Horsley Road, will run from 2.30-4.30pm and includes a tea/coffee and biscuit break.

"Bridge is an excellent social game and can be played by everyone," says organiser, Ray Green. "Players can meet new people, make new friends and take on new challenges." The two-hour lessons cost  $\mathfrak{E}10$  per person and the class starts on Friday 16 October.

• For more information call Ray on 020 8281 8376.



# Classes for dyslexic children

Waltham Forest Dyslexia Association is another organisation that receives support from Community Councils and offers free assessments for children in north Chingford, among others. The Association helps youngsters wanting to join numeracy, literacy and touch-typing classes – held during term time in Walthamstow – and just began a new term with around 50 youngsters from across the borough.

"Emily does the numeracy class because she also has dyscalculia," explains her mother. "It's given her confidence and the knowledge that she's not alone in this and they have a completely different way of teaching maths. It's been excellent. She'll carry on with the classes until she's confident enough to go it alone."

 For more information contact Debbie Marshall on 07852 232509 or email admin@wfda.org.uk

# Ridgeway Park Children Centre

The Children Centre in Peel Close, Chingford, exists to support families in Chingford and help children get the best possible start in life. The Centre offers a one-stop shop for health, education and community services for children, young people and families in Chingford. Bringing up children isn't always easy, and Ridgeway Park Children Centre aims to offer a listening ear and a friendly face to anyone experiencing difficulties. "We work with a number of partner organisations to provide help and support to parents," says a member of staff. "Whatever the issue, we are here for you." From 'Messy Play' for toddlers to 'Prams with Pace' exercise classes for mums, there's lots going on.

 Visit www.ridgewayparkchildrencentre.org.uk or call 020 8529 3885 for further information.

# What's On

# Sports and fitness

# **Hockey Players** Wanted!

Come and try this fast paced Olympic sport with a friendly yet competitive club based in Waltham Forest. We welcome all abilities from beginners to good club players and there are regular sessions at Douglas Eyre Sports Ground, E17 7HE: Ladies - Tuesdays, 8.30pm-10pm - contact Philippa: chair@walthamforesthc.co.uk Men - Wednesdays, 8.30pm-10nm - contact Dom: sec@walthamforesthc.co.uk Youth - Saturdays, 10am-11am - contact Matt: youth@walthamforesthc.co.uk You can also check out our website: www.walthamforesthc.co.uk

#### **Karate classes**

Tuesdays, 5.30pm, Fridays, 6pm and Sundays, 12noon. Waltham Forest Pool & Track, Chingford Road, Walthamstow E17. Larkswood Leisure Centre, New Road, Chingford E4. Karate promotes good health, discipline and concentration as well as self defence skills. Children are accepted over six years and families are welcome. For more information please call 0845 4303007 or email info@karate-london.co.uk

# Kundalini yoga and meditation

Thursdays, 6.45pm-8pm. Shakti Studio, Stanley Road, Chingford E4. Free yourself from anxiety, stress and fatigue while improving balance and strength. Contact 07890 909928 / satkartar10@talktalk.net for more details.



# Leyton Swimming Club

Tuesdays, Wednesdays and Friday. Cathall Road Leisure Centre, Leytonstone. Places now available for children and adults to be coached from beginner to County and Regional standard. Come along on a Friday for a free trial from 7.30pm. Please call 020 8539 2076 for more details.

# Olympic freestyle wrestling

Sundays, 10am-12noon (Adults). Sundays, 12.15pm-1.45pm (children under 14). Leytonstone School Sports Centre, James Lane, Leytonstone. Come and train in an Olympic Sport in a fun and friendly environment. No experience necessary. Adults £4, children under 14 £3. Contact Imran on 07958 251945 or Amir on 07940 588196 or visit www.teamusb.co.uk for more information.

#### Capoeira classes

Every Wednesday, 7pm.
26-28 Hatherley Mews,
Walthamstow E17. Capoeira
classes with movements and
sequences of attack and defence.
Also music, ritual, songs and
acrobatics. Open to all, lessons £5.
Contact Will Ouriço on
07852 201014 or missionchild@
mac.com with any queries or visit
www.senzalaourico.com

#### Tell us what's on

walthamforestnews@ walthamforest.gov.uk

# Clubs and community

#### World's Biggest Coffee Morning – MacMillan. Cancer Support

Friday 25 September, 9am1.30pm. Ridgeway Park Children
Centre, 82 Peel Close, Chingford
E4. Come along to the Ridgeway
Perk Cafe and be part of the World's
Biggest Coffee Morning. Shopping
and craft stalls. For more
information tel: 020 8529 3885
or visit www.ridgewaypark
childrencentre.org.uk

#### (in)Dignity – Spoken Word in Support of Amnesty International

Tuesday 29 September, 7.30pm.
The Castle, 15 Grosvenor Rise
East, E17 9LB. Cost: £5 donation.
A fantastic evening of spoken word
performances in support of the
Demand Dignity Campaign. Featuring
ex-Hefner singer/songwriter Darren
Hayman, Perrier Best Newcomer
award-winner Waen Shepherd,
Isobel Dixon, James Peake, Makola
Mayimbika, Dan Lewis, Ken Barlow
and special guests. To find out
more visit http://waltham.
amnesty.org.uk



#### Lea Valley Friends

A group enjoying walking in the countryside, forest, country parks and along river towpaths. We welcome anyone of any age, provided they are able to walk four miles / two hours and negotiate stiles etc. Children are welcome, but must be accompanied by a responsible adult (not suitable for buggies). For more details visit www.leavalleyfriends.org.uk

#### Lesbian and gay

MY Men: Mondays, 6.30-9.30pm. MY Young People: Wednesdays, 5-9.30pm. MY Women: Thursdays, 6.30-9.30pm. Mellow Yellow at The ELOP Centre, E17. East London's lesbian and gay centre - a relaxed social space for North East London's lesbian, gay and bisexual community. £2 weekly; young people FREE, Grove Road, Walthamstow. 020 8509 3898 info@elop.org

#### Leyton and Wanstead Floral Art Group

First Tuesday of the month, February – December, 7pm. Cambridge Park Methodist Church Hall, Chapel Path, Wanstead E11. Why not come along and see flowers arranged and a chance to win them in a raffle? Enjoy a cup of tea and a chat in a friendly atmosphere. We also organise outings and quiz nights. Visitors £3.50.

#### Walthamstow Amateur CineVideo Club

Every Thursday, 8pm. Stafford Hall, St Barnabas Church, St Barnabas Road, Walthamstow E17. Learn the various techniques of filmmaking with this long-standing club. Either email loftustowers@aol.co.uk or simply pop along on Thursday evening.

#### Waltham Forest Fuchsia and Pelargonium Society

Last Monday of every month, 8pm-10pm. Conservative Club, Church Lane, Walthamstow E17. Offering social evenings, quiz nights, guest speakers and coach trips, comfortable surroundings and a licensed bar. For more details call Mick Allsop on 020 8509 0657.

#### Leytonstone and District Ex-Servicemen's Club

All day, every day. 2 Harvey Road, Leytonstone E11. Friendly club for ex-servicepeople - a great place to meet and have a chat, with regular social events. Our upstairs venue is also available for hire at very modest rates. Call 020 8539 2954 for more details or membership enquiries.

# **Leytonstone Towns Women's Guild**

Fourth Tuesday of every month, 2pm-4pm. St Johns Church Hall, Church Lane, Leytonstone E1. New members very welcome. For more details please call 020 89897631 / 020 8989 1845.

#### Leytonstone, Wanstead and District Philatelic Society

Second Saturday and fourth Monday of the month. Wanstead House, The Green, Wanstead E11 Offering displays by members and invited speakers as well as competitions, quizzes and two yearly stamp fairs. Ideal for anyone with an interest in stamps and postal history. Contact Mr R. G. Bates on 020 8989 2885 for more details.

#### Alzheimer's Café

Third Monday of the month, 10.30am – 12.30pm. St Andrews Church, Church Road (off St Andrews Road), Walthamstow. The Alzheimer's Society, working in partnership with Waltham Forest Carers Association and LBWF Dementia Support Services, have now provided a place where people living with any type of dementia, their family members and carers can meet to share their experiences. This will be a relaxed and friendly time, where all can enjoy each others company and participate in quizzes, listen to music and more.

# Elders Creative Project

Thursdays until the end of November, 10.30am-3.30pm. Emmanuel Parish Church Leyton 149 Hitcham Road, Leyton. 10 sessions covering fitness, exercise, health, self-care and creative activities such as card making, glass painting, African headdress, fabric and design.

#### Caribbean Reminiscence & Dream Fulfilment

Tuesdays, 3-5pm. Also 6-8p.m. Nub, off Hoe Street. Free and Friendly group. We meet to talk about our experiences of relocation from the Caribbean to the UK, the reality of trying to settle and the importance of fulfilling dreams of returning to The Caribbean. Call 020 8925 4807 for information.

# Chapel End Savoy Players

Every Tuesday, 8pm-10pm
St Johns Church, Walthamstow E17
A friendly local operatic group
specialising in the comic operas of
Gilbert and Sullivan. We perform one
opera annually in May as well as an
annual Autumn Concert and other
events throughout the year.
For more details contact
Jackie on 07852 928287 /

For more details contact
Jackie on 07852 928287 /
secretary.cesp@virgin.net
or visit www.cesp.org.uk

#### Fair Trade stall

Last Sunday of every month, 11.15am. St Andrews Church, Colworth Road, Leytonstone. Our Fair trade stall is open every last Sunday of the month after Sunday service. The church is a strong supporter of fair trade in the borough. For more details contact Lorraine on fair. trade@standrewsleytonstone.org

#### Forest Book Group Third Wednesday of every

month, 7.30pm-9.30pm.

The Peking Chef Restaurant, 178
Hoe Street, Walthamstow E17. The
Forest Book Group is a friendly,
thriving residents' book club
for those who like to discuss their
passion for the written word.
If you would like to join in a
discussion with like-minded people,
please come and join this friendly
group. Contact Adrian on
07815 602173 or adrian.tills@
googlemail.com for more details.

#### Tell us what's on

walthamforestnews@ walthamforest.gov.uk

# Culture and crafts

# Creative writing for beginners

Sunday 27 September,

12.15pm-4.45pm Forest Writers sponsored by Apex Arts are offering a free tutored workshop for people who'd like to get writing. At The Old Rose and Crown Pub in Hoe Street. Over 18s. Venue has stairs. Places are limited, so book in advance by e-mail angelenagrace@yahoo.co.uk or ring 07952752193, and leave name and contact number.





#### **Knitting Group**

New knitting group in E17 starting Sept/Oct. This will be a daytime group, day and time to be decided. Interested? Which day/ time would suit you best? Need more details? Ring Coral (020 8521 6084) or Valda (020 8520 4734).



#### Jools Factor vocal coach

All aspects of singing technique tuition, vocal health advice and performance guidance offered. Jools Factor is an experienced singer and vocal coach. Discover how to get the best from your voice/how to look after it/increase confidence and vocal stamina Pon/ rock/soul/R&B.1-2-1 and group sessions offered. All welcome from beginners to experienced professionals. Call Jools for details 07957 621444.

#### **Starlighter Musical Theatre**

Every Thursday, 8.00pm-10.30 pm. School of Drama and Music, Orford Road Walthamstow We are a small amateur group always looking for new members. No experience necessary For information call Don on 020 8520 0700.

#### **Waltham Forest Brass Band**

Every Monday, 7.30pm-9pm. St Edmond's Church, Chingford E4. Waltham Forest Brass Band is looking for keen

adult players, Grade 5+. For more details contact Kate at katie e simpson@hotmail.co.uk

#### **Drum lessons**

Drum Tuition with Mark Heaney (Gang Of Four) @ Pulse Studios Walthamstow. Beginners to Advanced. For more info call 07986211382

#### **Concert at Chingford Parish** Church

Saturday 26 September, 7.30pm. Chingford Parish Church, The Green, Chingford E4. Concert of vocal and instrumental music in aid of MacMillan Cancer Support with Leslie and Sally Phillips - piano, Oliver Gledhill - cello, Arie Nieuwerf - flute, Laura Nayman - soprano. Tickets: £7 (concessions £5, under 15s £2). Available at the door. 020 8529 6092 or email mike@mfemusic.eclipse.co.uk

#### Tell us what's on

walthamforestnews@ walthamforest.gov.uk

#### Children and Young People

#### The Big Wheel **Event and open** day

Saturday 26 September, 12noon-2pm. Ridgeway Park Children Centre, 82 Peel Close, Chingford, Come and join us for a fun sponsored wheel event to raise money for a special needs bike. Bring your wheels or use ours win a prize for the best decorated wheels! Free fun activities on the day including roller skating tuition, free bike tagging, face painting, cafe and more. Pay £2 to do our circuit or free with sponsorship form - sponsorship forms can be downloaded from our website. Come along and find out more about us. For more information tel: 020 8529 3885 or visit www.ridgewayparkchildren centre.org.uk

#### **Woodford Festival** special needs charity concert

Saturday 3 October, 7pm. All Saints' Church, Woodford Green Professionals from Waltham Forest and Essex and gifted amateurs from Woodford in classical music, Jewish song and dance. Tickets £10/£5. Advance booking only till September 27. from 020 8503 2665.

#### **Rhyme Time**

Friday mornings, 11.30am -12.30pm. The Woodside Children's Centre. Wood Street. Walthamstow. Help your child's talking through songs and rhymes with speech and language therapists. Free entry. Call 020 8509 4375 for more details





#### Ridgeway toddler time

Every Wednesday (term time only), 10am-11.30am. Ridgeway Church (opposite Fire Station), 39 The Ridgeway, Chingford E4. A friendly parent / toddler group offering weekly crafts events and activities. Call Kirsten on 020 82791825 for more details.

#### **Infant Massage** Classes

Mondays, 10.30am - 11.30am. Willows Complementary Health

Centre, Highams Park. Infant massage classes nurtures the benefits of touch and communication between parents, carers and children. For more details call Zina on 07970 460572 or visit www.willowslondon.co.uk or www.mulberryholistics.co.uk

#### **Makaton signing** for babies

Monday mornings. St Stephen's Church, Copeland Road, Walthamstow E17. For more details and to book a place please call Amy on 07919 336 532

Tell us what's on Call 020 8496 3000

#### Council **Meetings**

#### Wednesday 23 September

Performance Scrutiny Sub-Committee

#### Thursday 24 September

Audit and Governance Committee **Environment Scrutiny Sub-Committee** 

#### **Tuesday 29** September

Planning Committee

#### Wednesday 30 September

Overview and Scrutiny Management Committee

#### **Monday 5 October**

Walthamstow West Community Council, Walthamstow Academy, Billet Road, Walthamstow E17 5DP

All meetings are held at Waltham Forest Town Hall, unless stated otherwise, and start at 7.30pm



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#### Afzal Akram, Chair, NHS Waltham Forest

Welcome to your NHS Waltham Forest Page

This week we report on 'Know your Numbers Week' where people took a few minutes to have their blood pressure levels checked. We also report on more success for our Stop Smoking team and invite you to join us at our public meeting at the end of this month – part of our pledge to providing the best possible support and care to

improve the lives of Waltham Forest residents.

We'll keep you up to date with all the latest NHS news right here in Waltham Forest News - Afzal Akram, Chair, NHS Waltham Forest

# NHS Waltham Forest

# Could **YOU** be the 1 in 3 who has



HS Waltham Forest was out and about across the borough during 'Know your Numbers Week' earlier this month asking residents 'Could YOU be the 1 in 3 who has

high blood pressure?' Local libraries and supermarkets became part of the 1,500 official 'Pressure Stations' taking part in the nation's biggest blood pressure testing event run by

# HIGH BLOOD PRESSURE?

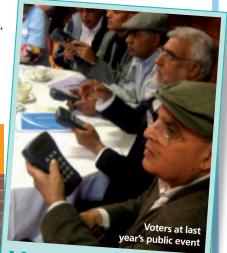
UK charity the Blood Pressure Association. Of the 385 people who took time to be checked, 120 were referred to their GP with high blood pressure. The team also persuaded 32 people to sign up to the Stop Smoking service.

One in three adults in the UK has high blood pressure, yet a third of those who have the condition don't even know because it has no symptoms. Untreated it can cause stroke, heart attack and heart failure, but once diagnosed, high blood pressure can be very successfully managed.

"This year we're asking 'Could YOU be I in 3?' because one in three UK adults has high blood pressure," says Mike Rich, Executive Director of the Blood Pressure Association.

"Millions have no idea they have the condition, and are unknowingly putting themselves at risk of stroke and heart attack."

■ For more information visit the charity's main website at www.bpassoc.org.uk, or call 020 8772 4994.



# Your Health... What Next?

NHS Waltham Forest will be holding a consultation event for members of the public and its partners on Wednesday 30 September from 1.30pm – 4.30pm at Walthamstow Assembly Hall, next to the Town Hall in Forest Road, Walthamstow. Doors open at 1pm.

We want to hear your views on local health services, how they have improved in the past 12 months, and which areas still need improving. Places are limited by the size of the venue so if you are interested, please register by calling 020 8430 8000 (ask for Paul Rae) or email: consult@wf-pct.nhs.uk in advance.

This event follows on the success of last year's event which attracted 400 members of the public and local organisations to express their views and quiz local health bosses

# Stop Smoking Service scoops half a million

HS Waltham Forest's Stop Smoking Service helped nearly 2,000 residents quit in the last year, scooping a half million pound 'reward grant' for the borough's health services in the process.

The team was set the stiff task of seeing 1,800 smokers declared 'smoke free' in order to reach their target, but beat this through its work with support groups, drop-in to quit clinics and a 'Stop before the Op' health drive at Whipps Cross hospital.

The final figure was recently revealed as a massive 1,890 quitters – meaning hundreds of smokers, and their families, will be better off financially and enjoy the health benefits of a smoke free life.

NHS Waltham Forest's Stop Smoking Service has been working with the Noor UI Islam mosque in Leyton to support smokers to kick the habit during the holy month of Ramadan. A stall set up outside the mosque on Leyton High Road attracted a crowd of worshippers and passers-by eager to join the rush to sign up, with 16



smokers requesting support from the Service straight away.

"Stopping smoking is the single most important thing you can do to improve your health," says Public Health Programme manager, Stella Bailey. "You double your chances of stopping smoking for good if you do it with free NHS support."

■ Call the Waltham Forest Stop Smoking Service on 020 8430 7443, text quit to 07919 544683 or email stopsmoking.admin@ wf-pct.nhs.uk for free and friendly advice.

# **Our Safety**



A few simple precautions can help keep you safe

# Stay safe on public transport

- Residents urged to stay safe on underground, trains, cabs and buses
- Public transport is 'safer than you think' charity claims



A charity is advising people how to stay safe when using public transport as part of National Personal Safety Day.

The Suzy Lamplugh Trust is launching the 'Ready, Steady, Safe' campaign to let people know how they can avoid crime on public transport.

Public transport in the UK is generally safe, with crimes against passengers rare despite more than six billion bus, cab and rail journeys being taken each year.

Jo Walker, from the Suzy Lamplugh Trust, said: "Public transport in and around London is relatively safe, Public transport in and around London is relatively safe, but violent or aggressive incidents do happen.

but violent or aggressive incidents do occur – both on transport and whilst waiting at bus stops and stations. It therefore makes sense to take some simple safety precautions in order to feel safer and to reduce the risks."

The charity advises:

- Avoid empty train compartments and sit near the driver on empty buses or if travelling after dark
- Always use a licensed taxi or minicab
- Book a taxi or minicab in advance and get the driver's name, the make and colour of the car

 If you are at all worried ask the driver to stop in a busy area, and get out of the car The campaign will be launched on National Personal Safety Day on 12 October.

#### More info

For more information on National Personal Safety Day contact the Suzy Lamplugh Trust on **020 7091 0014** or visit **www.suzylamplugh. org.** For crime prevention advice ring the Council's Community Safety Team on **020 8496 3000** 

## In brief



## Don't invite burglars in

The warmer weather has one downside – more burglaries. As a result, police are issuing advice to residents on how to secure their homes

They advise residents to shut and lock windows and doors when you go out and leave keys well away from doors and windows.

They are also urging residents with UPVC doors to pull the handle up and turn the key to engage the lock when leaving the house because many people wrongly believe pushing up the handle locks the door.

Residents are also advised to bear in mind fire safety and make sure their security precautions don't stop them escaping in the event of a fire.

 For More Information about crime prevention contact the Council's Community Safety Team on 020 8496 3000. To report something suspicious call police on 0300 123 1212 or in an emergency ring 999.

# Clampdown on fare dodgers

Inspectors checked the tickets of more than 1,300 bus passengers as part of a major drive to reduce fare dodging in Waltham Forest. The operation involved 12 inspectors from London Buses, seven police officers and 17 PCSOs checking 76 buses travelling in the borough.

In all, 13 fixed penalty fares were issued and a further 10 will be considered for prosecution by Transport for London (TfL).

Guy Baber, Area Manager Revenue Protection North at TfL said: "Our actions send out the clear message that in order to avoid a penalty you must pay the correct fare for your journey and that deliberate fare evaders will be prosecuted."

 For more information on bus fares and fare evasion, contact London Buses by ringing 0845 300 7000 or log on to www.tfl.gov.uk

## **New road safety scheme**

White central lines are going to be removed from Markhouse Road as part of a drive to reduce accidents.

There have been 37 accidents on the road over a 36 month period, six of which have been serious. Research has shown most accidents happen at the junctions to side roads and are speed-related.

In a bid to drive down accidents the central white lines are being removed, carriageways narrowed and pedestrian crossings being built every 100-150 metres to reduce vehicle speeds.

Research conducted in Wiltshire showed removing the central markings on 30 mph roads reduces vehicle speeds and make motorists drive more carefully.

• For more information on road safety and traffic management log on to www.walthamforest.gov.uk/transport or call 020 8496 3000.

# **Our Future**

## In brief



# **LETS** get it on

In these belt-tightening times some residents are thinking outside the box and coming up with alternative ways to get those otherwise pricey odd-jobs done. LETS ('Local Exchange Trading Scheme') is a cash-free way of trading goods and services, using a currency known as 'Beams'. Members earn Beams by offering their skills or services and can then cash them in to get something done they might not be able to do themselves, covering everything from dog-walking and lawn-mowing to music lessons, plumbing and soothing homeopathy sessions. Beams cost nothing but your time and maybe a little elbow grease, so why not get involved?

• For more info on Waltham Forest LETS call 0844 5610545, email info@wflets.org or visit www.wflets.org



Waltham Forest shopkeepers can apply for grants to make their businesses more secure

# Helping small shops beat crime



Do you look after someone else's child, or know someone who does?

If you do, please contact the Children and Families Service.

A private foster carer is anyone who cares for a child or young person:

- who is under 16 or 18 if they have a disability
- for 28 days or more; and
- is not their step-parent, grand-parent, brother, sister, uncle or aunt.

The law requires us to assess such an arrangement and provide support.

For more information call **020 8496 3000** or visit **www.walthamforest.gov.uk/private-fostering** 



- £5m fund launched to help small businesses buy security equipment
- Crime costs small firms £13,500 a year

A new £5m fund to help small independent retailers beat crime has been set up, and businesses in Waltham Forest are set to benefit.

The Home Office scheme lets small businesses bid for grants of up to £3,000 to help them pay for security devices like alarms, UV markers to detect counterfeit notes, security grills and dye packs to

mark expensive goods.

Groups of businesses can also band together and bid for sums of money as large as £50,000 to improve their area in general, perhaps by improving its layout or by providing extra lighting.

This opportunity aims to help the businesses that may be hardest hit by the recession, helping to pay for much-needed equipment when cash is tight and there might be more immediate priorities to spend it on.

The Federation of Small Businesses has estimated that the average cost of criminal disruption and damage costs small firms around £13,500 – a massive amount to contend with if you're already struggling to deal with the toughest economic climate in years.

At the time of writing, the bidding window is due to close at the end of September, so if your business needs a helping hand safeguarding itself against crime, there's no time to lose.



#### More info

For more information on how you can bid, contact the Council's Community Safety Team on **020 8496 3000**. If you'd like to find out more about the scheme itself or how you can help safeguard your business, visit **www.homeoffice.gov.uk** 

# **Advertising**





# Worknet employment and training information day

## Do you live in Waltham Forest? Are you looking for employment?

If the answer is yes then come along to the former Arcade site on Friday 2 October for free advice and information on:

- Finding and securing employment
- Support to anyone facing redundancy
- Free local training courses and a chance to upgrade existing skills

Advisors will be on hand to give help and advice, alongside a number of partner organisations that are taking part.

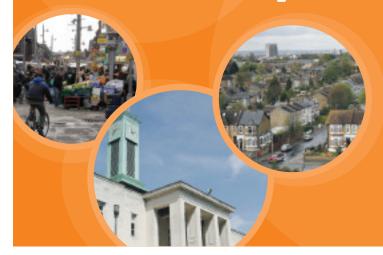
Worknet also offer a free staff recruitment service for businesses and free customised training to potential employees.

The 'drop in' event will be on the former Arcade site, at the top of Walthamstow Market at the junction of High Street and Hoe Street from 10.30am to 3.30pm.



Visit www.walthamforest.gov.uk/worknet for more information

# Want to make a difference in your community?



In May 2010, elections will take place for 60 councillors to represent the 20 wards in the borough. Anyone over 18 who is eligible to vote in local government

- the important role that councillors play:
- the support provided to councillors in their work, including financial allowances; and the key information and dates about the election process.

Three serving councillors will be present to share their experiences with you. There will be an opportunity to ask questions in an informal setting and to look round the facilities

Date: Saturday 17 October 2009 Time: 10.30am-12noon Venue: Town Hall, Forest Road

please contact Edward McCreadie on 020 8496 3000, email edward.mccreadie@walthamforest.gov.uk or post to Edward McCreadie, Room 23, Waltham Forest Town Hall, Forest Road, E17 4JF by Monday 5 October 2009.





# Advertising



# **NEW DESIGN GUIDANCE FOR** THE BOROUGH

The Council's Urban Design team have prepared two documents for public consultation providing design guidance for all new development in the borough and are keen to get your views.

The first document focuses on residential extensions and alterations and provides design advice to householders wanting to extend or make external changes to their home.

The second document is on urban design and is aimed at larger development proposals, including housing schemes and other mixed use development.

The consultation period for views and comments on the draft documents is now underway and ends on Friday 30 October. Both documents are available online at www.walthamforest.gov.uk/local-devframework or can be viewed at any Waltham Forest library or Waltham Forest Direct shop.

If you wish to order a hard copy of any of the documents please contact the Urban Design team at Sycamore House, Forest Road E17 4JF.

Comments and views can be sent to the above address using the consultation form available online or at local libraries and WFD shops, or alternatively responses can be e-mailed to Urbandesign@walthamforest. gov.uk

For further details please contact the Urban Design team on 0208 496 3000.

**Waltham Forest** 

# \*\*\*\*\*\*\*\*\*\*\*\*\* WIN! Free family gym membership for a month



Most of us know that we should be doing a bit more to keep fit and lead a healthier

Waltham Forest has six fitness centres across the borough, run by the Council's partner Greenwich leisure Limited which can help you do just that.

So, to get you and the family started on the road to fitness - or, frankly, just for fun -Waltham Forest News has teamed up with GLL to offer a FREE \* family membership for a month worth £135.50.

All you have to do to be in with a chance of winning this great prize is tell us which of these is NOT a British Olympian

a) Dame Kelly Holmes b) Dame Vera Lyn c) Dame Mary Glen-Haig

\*Based on 2 adults and 4 children the membership is worth £135.50.

Send your answer with your name, address and telephone number to: Gym Membership Competition, Waltham Forest News, Corporate Communications, Waltham Forest Town Hall, Forest Road, London E17 4JF. Closing date is October 12 and the winner will be notified by phone.

**WINNERS! WINNERS! WINNERS!** 

Winner of the Compost Bin from issue 1 of Waltham Forest News was: Shama Smith. Congratulations, Shama, happy composting!

# Sign up now!

## **Professional part-time courses for adults:**

- CISCO Book-Keeping AAT Barista Award
- Indian Head Massage
   Nail Technology
- Vehicle Body Repair Electrical Installation + many more...

For more information call 020 8501 8501, email info@waltham.ac.uk, visit www.waltham.ac.uk or drop into Forest Road, Walthamstow, London E17 4JB

WALTHAM FOREST COLLEGE



# **TARGET YOUR CUSTOMERS** SUCCESSFULLY

With 110,000 copies delivered to homes & business in Waltham Forest.

"Taking out a full ad on the back page was certainly the right thing to do.

The response has been unbelievable. Since its publication, we have been inundated with calls with regards to our family activity centre and wider services."

Stephen Barnabis - Tumble in the Jungle - www.tumbleinthejungle.com

"The session went very well - we had enough people attend to mean that we can go ahead with running the course next year. Thanks for your help with the advert."

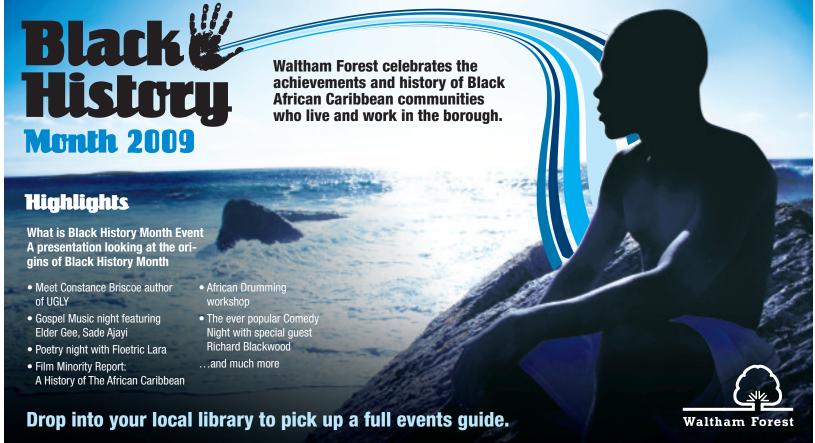
Chris Hatfield - Birkbeck, University of London - www.bbk.ac.uk

Don't waste time, to advertise in Waltham Forest News please call 020 8496 3000 (press option 6) and ask for Sunil Duggal or email: advertisingwfn@walthamforest.gov.uk

We reach more people than any other local publication

# **Advertising**





# **Our Services**

## A - Z of Services

#### A - F

# Adoption and Fostering

Information for those interested in adopting or fostering a child. www.walthamforest.gov.uk/ index/care/childrenandfamilies/ adoptandfoster

# Adults and Older People

For assessment advice and help for people over the age of 18 who may have a physical or sensory disability or other conditions.

www.walthamforest.gov.uk/ index/care/adults-and-olderpeople

#### **Ascham Homes**

Responsible managing all Council housing stock.

www.aschamhomes.org.uk or Ascham Homes Direct 020 8496 4197

#### **Benefits**

For advice and information on the type of benefits you may be eligible for and help filling in claims forms. www.walthamforest.gov.uk/benefits

#### **Business Rates**

For business rate enquiries, including payment methods and billing. www.walthamforest.gov.uk/index/business/business-rates

#### **Cemeteries**

www.walthamforest.gov.uk/ index/environment/funerals/ cemeteries

#### **Children's Centres**

Information, services, help and support for families with children under five.

www.walthamforest.gov.uk/ index/education/walthamforest-early-years/childrenscentres

# Children with disabilities

Information, support, advice and counselling for children under 18 with disabilities, their families and carers

www.walthamforest.gov.uk/ index/care/childrenandfamilies/

#### **Climate Change**

Advice on reducing your carbon footprint and information on how the council aims to reduce the borough's carbon emissions by 80 per cent by 2050.

www.walthamforest.gov.uk/climate-change

# **Community Councils**

To get involved in the Council's decision-making process, you can attend one of the six Community Councils in Waltham Forest.

www.walthamforest.gov.uk/ index/council/communitycouncils

#### **Community Safety**

If you have concerns about crime or anti social behaviour, in your area, for crime reduction advice or to find out how to become more involved in local crime reduction initiatives.

www.walthamforest.gov.uk/index/safety

# **Community Toilet Scheme**

The Community Toilet Scheme is a borough-wide scheme to provide clean, safe and accessible public toilets

www.walthamforest.gov. uk/index/transport/publicconveniences/community-toiletscheme

#### **Council Tax**

For queries regarding billing, payment methods, discounts, exemptions and property banding www.walthamforest.gov.uk/ index/council/council-tax

#### **Councillors**

www.walthamforest.gov.uk/index/council/councillors

#### **Electoral Services**

To check you are registered to vote, to register to vote in person or by post or for information about elections in Waltham Forest. www.walthamforest.gov.uk/

www.walthamforest.gov.uk.index/council/elections

# Family Information Services (FIS)

For advice and guidance on services for families with children (0-19 years).

www.walthamforest.gov.uk/children-information-service

#### G - L

#### **Housing**

For advice and assistance to those threatened with homelessness. For information on housing options, housing applications, empty homes and houses or flats of multiple occupancy.

www.walthamforest.gov.uk/index/housing





#### **Leisure Centres**

Sports opportunities for everyone. **www.gll.org** 

#### Libraries

For books, DVDs, CDs, and internet access as well as newspapers, magazines, information and learning, homework clubs, book groups and holiday activities.

www.walthamforest.gov.uk/index/leisure/libraries

M - Q

#### Mental Health Support

Assessment, treatment and ongoing support for people with mental health problems.

www.walthamforest.gov.uk/ index/care/adults-and-olderpeople/mh-intro

# Museums and Galleries

William Morris Gallery and Vestry House Museum hold a range of exhibitions throughout the year on a wide variety of subjects, Vestry House holds the Council's archives.

www.walthamforest.gov.uk/index/leisure/museums-galleries

#### **Olympics**

Waltham Forest is an Olympic and Paralympic Games host borough in 2012

www.walthamforest.gov.uk/index/2012games

#### **Parking Services**

General parking enquiries including permits, disabled badges, suspensions, skips, Penalty Charge Notices, complaints, payments and parking rules.

www.walthamforest.gov.uk/ parking-home

#### **Parks and Gardens**

For general enquiries about parks, gardens and greening issues. www.walthamforest.gov.uk/ index/environment/parksrec

#### **Planning**

For information and advice about planning policy, planning enforcement, missed planning permission requirements or submitting or commenting on an application; details of historic planning decisions, conservation areas or listed buildings or other general planning enquiries.

www.walthamforest.gov.uk/ index/environment/planning See Building Control, Local Land Charges and Searches.



R - Z

#### Registrars

To register births, deaths, civil partnerships and marriages and for partnership ceremonies, copies of birth, death, marriage or civil partnership certificates or nationality checking.

www.walthamforest.gov.uk/ index/community/registeroffice/contact-registrar

# Rubbish, waste and recycling

To arrange a visit by the cleansing service if your bins have not been emptied on schedule, or if you need bulky items removed from your home (three bulky waste collections can be organised free of charge each year, per household).

For enquires about the compulsory recycling service, what to put in your recycling bin, or to arrange a collection if you black box has not been emptied contact the recyling team.

www.walthamforest.gov.uk/ index/environment/rubbishrecycling

To report concerns about street cleansing, fly tipping, littering and dog fouling.

www.walthamforest.gov.uk/index/environment/street-care

#### **Schools**

A full list of schools in Waltham Forest can be found at:

www.walthamforest.gov.uk/ index/education/schoolscolleges

Alrternatively ring the Council's Education contractor VT Education and Skills Waltham Forest. 0845 877 0031 or visit www.vtwf.co.uk

#### **Substance Misuse**

To arrange counselling and help with rehabilitation for people with drug or alcohol problems.

www.walthamforest.gov.uk/ index/care/adults-and-olderpeople/drug-alcohol-services



#### More info

All Council departments can be contacted by ringing Waltham Forest Direct on **020 8496 3000** 



# **Public Notices**

## **Highways**

#### LONDON BOROUGH OF WALTHAM FOREST BILLET ROAD, BLACKHORSE LANE, BLACKHORSE ROAD and ST. JAMES'S STREET, E17 NEW AT ANY TIME WAITING RESTRICTIONS, ZEBRA PEDESTRIAN CROSSINGS AND BUS STOPS

# The Waltham Forest (Waiting and Loading Restriction) (Amendment No. \*) Order 2009

- NOTICE IS HEREBY GIVEN that the "Council" of the London Borough of Waltham Forest propose to make the above-mentioned Order under sections 6 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.
- The general effect of the Waiting and Loading Order will be to further amend The Waltham Forest (Waiting and Loading Restriction) Consolidation Order 2008 so that waiting by vehicles would be prohibited "at any time" at the locations specified in Schedule 1 to this Notice.
- 3. FURTHER NOTICE IS HEREBY GIVEN that under Section 23 of the Road Traffic Regulation Act 1984 the Council will introduce new zebra pedestrian crossings and amend arrangements for an existing pedestrian crossing so that stopping on the "zig-zag" markings would be prohibited "at any time" at the locations specified in Schedule 2.
- 4. FURTHER NOTICE IS HEREBY GIVENthat new bus stop clearways and changes to existing bus stop clearways would be provided so that stopping would be prohibited "at any time" in bus cages at the locations specified in Schedule 3 to this Notice.
- 5. A copy of the Order, of the Council's statement of reasons for proposing to make the Order, of a plan showing the proposals, zebra crossings and bus stops and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the end of 6 weeks from the date on which the Order is made, or as the case may be, the Council decides not to make the Order at (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; (b) The Waltham Forest Direct Shop, 265 Chingford Mount Road, Chingford, E4 8LP; and (c) Low Hall, Argall Avenue, London, E10 7AS.
- Any person desiring to object to the proposed Order or to make any other representation should send a statement in writing of either their objection and the grounds thereof or of their representation to Traffic Orders, Low Hall, Argall Avenue, Lordon E10 7AS

For more information please telephone 020 8496 3000.

#### Dated 21st September 2009 MR. K. VALAVAN, Head of Highways and Infrastructure, Public Realm, Low Hall, London, E10 7AS

# SCHEDULE 1a (waiting restrictions to operate "at any time" between 6 and 15m from the following junctions unless otherwise stated)

Billet Road, at junctions with Sinnott Road; Lawrence Avenue and Sutton Road.

Blackhorse Lane, at junctions with Uplands Avenue; Shakespeare Road (up to 20 metres); Goldsmith Road; Lancaster Road; Clarence Road; Gloucester Road; Lockwood Way; Worcester Road; Sutton Road and Lee Close.

Blackhorse Road, at junction with Chewton Road.

## SCHEDULE 1b (waiting restrictions to operate "at any time" at the following locations)

Blackhorse Lane (a) the south-east side, (i) from opposite its junction with Clarence Road to outside and opposite Nos. 244 to 234; (ii) from outside and opposite No. 214 to outside and opposite No. 206; (b) the north side, opposite its junction with Higham Hill Road.

# SCHEDULE 2a (new zebra pedestrian crossings with zig zag markings to operate "at any time" at the following locations)

Billet Road (a) the south side, 6.5 metres west of the western kerb-line of Higham Hill Road westward for a distance of

21 metres; (b) the north side, from a point 5 metres west of a point opposite the western kerb-line of Higham Hill Road westward for a distance of 27.5 metres;

Billet Road, both sides, from a point 1 metre north-east of the north-eastern kerb-line of Sinnott Road (southern intersection) south-westward for a distance of 40 metres;

Blackhorse Lane, both sides, from a point 13 metres north of the northern wall of No. 312 Blackhorse Lane northward for a distance of 40 metres:

St. James's Street, both sides, from a point 4 metres northwest of the north-western wall of No. 25 St. James's Street south-eastward for a distance of 40 metres.

## SCHEDULE 2b (new arrangement to existing zebra pedestrian crossing at the following location)

Billet Road, outside No. 245 Billet Road, the north side, zigzag markings extended to a point 2.5 metres east of a point opposite the eastern kerb-line of Higham Hill Road.

## SCHEDULE 3a (new bus stop clearways to operate "at any time")

Billet Road, the south side, from a point 2 metres west of the eastern wall of No. 293 Billet Road westward for a distance of 14 metres.

Billet Road, the north side, from a point 0.5 metres east of the western wall of No. 346a Billet Road eastward for a distance of 1.4 metres.

Blackhorse Lane, the north-east side, from a point 4 metres south-east of the north-western wall of No. 312 Blackhorse Lane southward for a distance of 14 metres.

Blackhorse Lane, the west side, from a point opposite the common boundary of Nos. 262 and 264 Blackhorse Lane southward for a distance of 19.5 metres.

Blackhorse Lane, the east side, from a point 4 metres north of the northern wall of No. 244 Blackhorse Lane southward for a distance of 23.5 metres.

Blackhorse Lane, the east side, from the northern wall of No. 212 Blackhorse Lane southward for a distance of 19 metres.

## SCHEDULE 3b (changes to existing bus stop clearways at the following locations)

Blackhorse Lane, the west side, outside and opposite No. 200 Blackhorse Lane, extended northwards for a distance of 6.5 metres.

St. James's Street, the east side, opposite No. 28, moved southwards to a point outside No. 45.

## LONDON BOROUGH OF WALTHAM FOREST CHINGFORD LANE CPZ

NOTICE IS HEREBY GIVEN that on 18th September 2009 the London Borough of Waltham Forest made The Waltham Forest (Chingford Lane CPZ) (Parking Places) Order 2009, The Waltham Forest (Parking Places) (Pay and Display) (Amendment No. 1) Order 2009 and The Waltham Forest (Waiting & Loading Restriction) (Amendment No. 21) Order 2009, under sections 6 and 45 of the Road Traffic Regulation Act 1984. The Orders will come into force on 22nd September 2009.

2. The general effect of the Orders will be:-

to indefinitely continue the provisions of the Chingford Lane Controlled Parking Zone in the following streets:

Chingford Lane — between the southern boundary of No. 1 Chingford Lane and the northern boundary of Nos. 131 to 181 Chingford Lane; Elm Grove; and Mill Lane; and provide

(a) residents' permits, business/charity permits, visitors' permits, school parking permits, residents' foreign vehicle permits and essential user permits may be issued, on payment of the appropriate charge, to a person who is the keeper of a passenger vehicle (having 8 passenger seats or less), certain goods carrying vehicles, motor cycles and invalid carriages, providing that in the case of:-

(i) a residents' permit, they are a resident of a street specified above and their vehicle is UK registered;

(ii) a foreign vehicles residents' permit, they are a resident of a street specified above and their vehicle is registered outside of the UK;

(iii) a business/charity permit, they have a business in a street

specified above and that the permit is for a vehicle which is essential to the operation of that business and is used in the purchase and sale of goods or services in connection with that husiness:

(iv) an essential users permit, they are a doctor who has a surgery in or works in the London Borough of Waltham Forest, or employed by or contracted to the Council, or employed by or contracted to a health authority, or employed by the Metropolitan Police, or employed by the London Fire and Civil Defence Authority, or a company that services fire fighting appliances and for whom the use of a vehicle is essential to the carrying out of their public service duties in a street specified above:

(v) a visitors' permit, they are a resident of a street specified above and that such permit is to be used by a bona fide visitor to their home:

(vi) a schools parking permit, they are a parent of a student enlisted at a school situated in or near to the streets specified above:

(The charges for permits are specified in sub-paragraph (f)

(b) vehicles displaying any valid permit described above may use the permit parking places provided in the streets specified above:

(c) vehicles displaying a ticket purchased from a ticket parking meter may use the pay and display parking places in Mill Lane;

(d) except in the parking places referred to above, waiting by vehicles will be banned in the streets above between 8.30 a.m. and 6.30 p.m. on Mondays to Saturdays inclusive and "At any time" waiting restrictions in certain areas of those streets will also apply;

(e) the parking places specified in sub paragraphs (b) and (c) will operate between 8.30 a.m. and 6.30 p.m. on Mondays to Saturdays inclusive;

(f) the charges for permits and vehicle class will be as follows:-

## Engine size less than 900cc registered before 1st March 2001

Residents' permit - 12 months) = £22.50Residents' permit (second vehicle) - 12 months = £40.00Residents' permit (more than two vehicles) - 12 months = £52.50

Residents' permit -1 month = £15.00Residents' permit foreign vehicle -6 months = £22.50Schools parking permit -12 months = £15.00

# Engine size between 901cc and 2000cc registered before 1st March 2001

Residents' permit - 12 months) = £45.00Residents' permit (second vehicle) - 12 months = £85.00Residents' permit (more than two vehicles) - 12 months = £115.00

Residents' permit -1 month = £30.00Residents' permit foreign vehicle -6 months = £45.00Schools parking permit -12 months = £30.00

## Engine size more than 2000cc registered before 1st March 2001

Residents' permit - 12 months) =  $\mathfrak{L}90.00$ Residents' permit (second vehicle) - 12 months =  $\mathfrak{L}160.00$ Residents' permit (more than two vehicles) - 12 months =  $\mathfrak{L}210.00$ 

Residents' permit -1 month = £90.00 Residents' permit foreign vehicle -6 months = £135.00 Schools parking permit -12 months = £90.00

## CO2 emissions less than 120 g/km registered after 1st March 2001

Residents' permit - 12 months) = £22.50Residents' permit (second vehicle) - 12 months = £40.00Residents' permit (more than two vehicles) - 12 months = £52.50

 $\begin{aligned} & \text{Residents' permit} - 1 \text{ month} = £15.00 \\ & \text{Residents' permit foreign vehicle} - 6 \text{ months} = £22.50 \\ & \text{Schools parking permit} - 12 \text{ months} = £15.00 \end{aligned}$ 

## CO2 emissions between 121 and 185 g/km registered after 1st March 2001

Residents' permit - 12 months) = £45.00Residents' permit (second vehicle) - 12 months = £85.00Residents' permit (more than two vehicles) - 12 months = £115.00 Residents' permit -1 month = £30.00Residents' permit foreign vehicle -6 months = £45.00Schools parking permit -12 months = £30.00

## CO2 emissions more than 185 g/km registered after 1st March 2001

Residents' permit - 12 months) =  $\mathfrak{L}90.00$ Residents' permit (second vehicle) - 12 months =  $\mathfrak{L}160.00$ Residents' permit (more than two vehicles) - 12 months =  $\mathfrak{L}210.00$ 

Residents' permit -1 month = £90.00Residents' permit foreign vehicle -6 months = £135.00Schools parking permit -12 months = £90.00

#### ALL VEHICLES:

Business Permit -3 months, £200; Business Permit -12 months, £390; Business Permit -12 months (more than two vehicles), £550; Charity permit -12 months, £37; Charity permit -12 months (more than two vehicles), £163; Essential User Permit -1 months, £25; Essential User Permit -3 months, £55; Essential User Permit -6 months, £95; Essential User Permit -1 hour book of 30, £15 (free to over 70's); Visitor permits -1 hour book of 20, £18; Visitor permits -1 hour book of 10, £21 All Zone Business Visitor permits -1 hour book of 10, £30; All Zone Business Visitor permits -1 hour book of 10, £30; All Zone Business Visitor permits -1 hour book of 10, £37;

- (g) the charge for the use of a parking place by the pay and display method will be:-
- £2.00 for a parking period of not more than two hours; £1.50 for a parking period of not more than one hour and thirty minutes; £1.00 for a parking period of not more than one hour; or £0.50 for a parking period of not more than thirty minutes.
- 3. Copies of the Orders, which will come into operation on 22nd September 2009 and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at:- (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; (b) The Waltham Forest Direct Shop, 265 Chingford Mount Road, Chingford, E4 8LP; and (c) Low Hall, Argall Avenue, London, E10 7AS.
- 4. Any person desiring to question the validity of the Orders or of any provision contained therein on the grounds that they are not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Orders may, within six weeks of the making of the Orders, make application for the purpose to the High Court.

#### Dated 21st September 2009 Mr K Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London,

E10 7AS

#### LONDON BOROUGH OF WALTHAM FOREST NEW VARIOUS AT ANY TIME WAITING RESTRICTIONS, ONE-WAY WORKING and ROAD HUMPS The Waltham Forest (Waiting and Loading Restriction) (Amendment No. 20) Order 2009 The Waltham Forest (Prescribed Routes) (No. 2) Traffic Order 2009

- 1. NOTICE IS HEREBY GIVEN that on the 18th September 2009 the Council of the London Borough of Waltham Forest made the above-mentioned Orders under sections 6 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.
- 2. The general effect of the Waiting and Loading Order will be to further amend The Waltham Forest (Waiting and Loading Restriction) Consolidation Order 2008 so that waiting by vehicles would be prohibited "at any time" at the locations specified in the Schedule to this Notice.
- 3. The general effect of the Prescribed Routes Order will be to prohibit motor vehicles on Knotts Green Road, E10 from travelling in a direction other than from its junction with Lea Bridge Road to its junction with Leyton Green Road.
- 4. Copies of the Orders, which will come into operation on 22nd September 2009 and other relevant documents can be inspected during normal office hours on Mondays to Fridays

inclusive until the expiration of a period of 6 weeks from that date, at:- (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; (b) The Waltham Forest Direct Shop, 265 Chingford Mount Road, Chingford, E4 8LP; and (c) Low Hall, Argall Avenue, London, E10 7AS.

5. Any person desiring to question the validity of the Orders or of any provision contained therein on the grounds that they are not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Orders may, within six weeks of the making of the Orders, make application for the purpose to the High Court.

For more information please telephone 020 8496 3000 quoting reference 2009T15

#### Dated 21st September 2009 MR. K. VALAVAN, Head of Highways and Infrastructure, Public Realm, Low Hall, London, E10 7AS

#### SCHEDULE (waiting restrictions to operate "at any time" between 6 and 15m from the following junctions unless otherwise stated)

Lea Bridge Road and Knotts Green Road, E10; Knotts Green Road and Leyton Green Road, E10; Carlisle Road and Goldsmith Road, E10; Back Street, E17 - the entire length; Marlowe Road and the access road leading to the electricity sub station; Marlowe Road and the access road leading to Nos. 178/180/182 Marlowe Road; Lowther Road, E17 - the north-east side, between its junctions with Goldsmith Road. and Shakespeare Road;p Stocksfield Road and the access roads to Mallard Court, E17; Richmond Close and Kirk Road, E17; Maynard Road and Barclay Road, E17; Old Church Road and Leadale Avenue, E4; Bourne Gardens and Lynton Road/Underwood Road, E4; Bluehouse Road and Groveside Road, E4; Heriot Avenue and Lansdowne Road, E4; The Drive E17 - the north side, moving double yellow lines outside Gaitskell House to the opposite side of the road.

#### PUBLIC NOTICE OF MODIFICATION ORDER Section 53 of the Wildlife and Countryside Act 1981 Definitive Map and Statement for the London Borough of Waltham Forest (Part) (Formerly the Provisional Copy of the First Definitive Map of Essex- relevant date 1st January 1953- published 1960) Modification No.2 Order 2009

The above Order, made on 21st September 2009, if confirmed as made, will modify the Definitive Map and Statement for London Borough of Waltham Forest (Part) -Formerly the Provisional Copy of the First Definitive Map of Essex- relevant date 1st January 1953- published 1960, by adding to them routes where public rights exist or are reasonably alleged to exist.

Below is a schedule of the routes to be added to the Definitive Map and Statement:

#### Path No. Location

231D

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215A 216A	Footpath 215 to Endlebury Road, E4. Endlebury Road to meet Footpath 216A, E4.
216B	Footpath 216 to Endlebury Road / Dale View Crescent, E4.
217	Footpath 216 to Heathcote Grove, E4.
224	36 The Bramblings to Harman Close, E4.
225	8 Brookhouse Gardens to The Avenue, E4.
226	48 Richmond to The Avenue, E4.
227	38 The Avenue to Handsworth Avenue, E4.
229	100 Beech Hall Road to Winchester Road, E4.
230	Vincent Road to the CRF93, E4.
231	Footpath encircling the Water Works Roundabout, F17
231A	Footpath 231 to Woodford New Road, E17.
231B	Footpath 231 to Woodford New Road, E17.
231C	Footpath 231 to Woodford New Road via foot

Footpath 232 to Woodford New Road, E17.

Woodford New Road to Southend Road, E17

Woodford New Road to Southend Road, E17.

215 Hale End Road to The Hale, E4.

Guildford Road to Beech Hall Road, E4.

Guildford Road to Hale End Road, E4. 237 Grove Road to Heathcote Grove, E4. 202 252 Ching Way to Chingford Road, E4. 203 252A Footpath 252 to Chingford Road, E4. 204 1 Forest View Road to Bridge End, E17. 256 125 Garner to Kitchener Road, E17. 205 257 66 Roberts to Beresford Road, E17 206 258 Billet Roundabout / Billet Road to Grove Park 207 Avenue / Wadham Road, E4. 208 258A Footpath 258 to Grove Park Avenue, E4. 209 258B Footpath 258 to Chingford Road, E4. 210 259 Footpath 258 to Chingford Road, E4. 211 259A Footpath 259 to west side of Chingford Road, E17. 212 260 North Circular Road to Chingford Road, E17. 213 260A Footpath 260 to Billet Road, E17. 214 Footpath 258 to Chingford Road, E17. 261 215 261A Footpath 261 to Roberts Road, E17. 216 Rosebank Villas to Selborne Road, E17. 262 218 263 20 St James's Street to Stephenson Road, E17. 219 Oatland Rise to Higham Street, E17. 264 265A 220 Sandpiper Close F17 267 St Stephens Close to St Stephens Road, E17. 221 268 St Stephens Close to West Street, E17 222 269 Aubrey Road to Howard Road, E17 223 270 34 Camden Road to Ringwood Road, E17. 228 Selborne Road to Gosport Road / Netley Road, E17. 238 271A Footpath 271 to Gosport Road / South Grove, E17. 239 272 29 St James's Street to Brunner Road, E17. 240 273 Cranbrook Mews to Brunner Road, E17. 241 274 Footpath 29 to Side Road, E17. 242 275 Chestnut Avenue North to Chestnut Avenue South. 243 244 F17 276 Marlowe Road to Shernhall Street, E17. 245 277 Marlowe Road to Wood Street Precinct, E17. 246 Hylands Road to Forest Road, E17. 247 A copy of the Order and the Order Plans may be seen free of 248 249 charge between the hours of 9am to 5pm during the period 250 commencing on 21st September 2009 and ending on 2nd 251 November 2009 at the following locations: 253 London Borough of Waltham Forest Town Hall, Forest 254 Road, Walthamstow E17 4JF London Borough of Waltham Forest, Low Hall, Argall 265 Avenue, Levton, E10 7AS North Chingford Library, The Green, Chingford E4 7EN 266 Copies of the Order and the Order Plan may be obtained at all the above locations for no charge. Any representation or objection relating to the Order must be sent in writing to the Head of Highways & Infrastructure, London Borough of Waltham Forest, Low Hall, Argall Avenue, Levton. E10 7AS not later than 2nd November 2009 and applicants 281 are requested to state the grounds on which it is made. 282 If no representations or objections are duly made to the Order 283 or to any part of it, or if any so made are withdrawn. I ondon 284 Borough of Waltham Forest, instead of submitting the Order to the Secretary of State may itself confirm the Order, or that part of the Order. If the Order is submitted to the Secretary of State (in whole or in part), any representations or objections which have been duly made and not withdrawn will be sent with it. Dated 21st September 2009 Mr K Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, PUBLIC NOTICE OF MODIFICATION ORDER Section 53 of the Wildlife and Countryside Act 1981 **Definitive Map and Statement for the London** 

Dawlish Road to Jesse Road, E10. 285 258 Murchison Road to Claude Road, E10. 286 298 Murchison Road to Claude Road, E10. 287 191 Dawlish Road to Francis Road, E10. 288 Shrubland Road to Bowdon Road, E10. 289 Lammas Road to Marsh Lane, E10. 290 Lammas Road to The Waterworks, E10. 291 61 Pevensey Road to Vansittart Road, E7 17 Arundel Close to Cruikshank Road, E15. 292 293 36 Arundel Close to Janson Road, F15. 294 211 Harrow Road to Cobbold Road, F11. 2944 Footpath 294 to 18 Neville Close, E11 294B Footpath 294 to 16 Neville Close, E11. 295 Cobden Road to High Road Leytonstone, E11. 296 104 Ferndale Road to Davies Lane, E11. 297 Marchant Road to Norman Road, E11 298 41 Mayville Road to Orange Grove, E11. 298A Footpath 298 to Cathall Road, E11 298B Footpath 298 to West Street, E11 299 Footpath 298 to Cathall Road / Marchant Road, E11. 299A Footpath 298 to Footpath 299, E11. 299R Spur from FP298 F11 300 51 Crownfield Road in a southerly direction, E15.

2 Melford Road to Trinity Close, E11.

Church Lane to Norman Road, E11.

Kings Road to Wallwood Road, E11

Levspring Road to Mornington Road, E11

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The Green to Station Road, E4.

Springfield Road, E4.

Station Road to Mornington Road, E4.

Richmond Road to 35 Station Road, E4.

Cross Road / Garfield Road to Cart Lane /

117 Beresford Road to 61 Kings Road, E4.

The Four Wents Road to Kimberley Road, E4.

Faversham Avenue to Westminster Gardens, E4.

117 Beresford Road to Cross Road, E4.

23 Glendower Road to Kings Road, E4.

Kimberley Way to Forest Side, E4.

Faversham Avenue to Forest Side, E4.

The Ridgeway to Footpath 215A, E4.

Footpath 216A to Colvin Gardens, E4.

Colvin Gardens to Larkshall Road, F4.

Mayhew Close to Old Church Road, E4.

Weale Road to Connington Crescent, E4.

38 Balliol Avenue to The Bramblings, E4.

Oaks Grove to Wymead Crescent, E4.

36 Lukin Crescent to Withy Mead, E4.

Normanshire Drive to 169 New Road, E4.

Larkshall Road to 21 Mead Crescent, E4.

27 Ainslie Wood Road to The Lawns, E4.

Templeton Avenue to Mount Avenue, E4.

Mount Avenue to Salisbury Road, E4.

Marmion Avenue to Marmion Close, E4.

87 Waverley Avenue to Sopers Close, E4.

74 Hurst Avenue to Churchill Terrace. E4.

Maple Avenue to 203 Westward Road, E4.

Footpath 265A to Chalk Bridge (Borough

22 Hazel Way to Silver Birch Avenue / Maple

Footpath 265 to footbridge crossing River Lea at

Forest Road / Lambourne Road to Forest Drive

Colworth Road / Forest Road to Leytonstone

139 Levton Green to Essex Road F10

27 Poplars Road to Livingstone Road, E17.

Knotts Green Road to Leyton Green Road, E10.

73 Russell Road to the Borough Boundary, E4.

Chase Gardens / York Road to 73 Hall Lane, E4.

Hall Lane to Marmion Avenue, E4.

13 Old Church Road to Brook Crescent, E4.

73 Royston Avenue to Ainslie Wood Crescent F4

Valley Side to 41 Mansfield Hill, E4.

Avenue F4

Avenue F4

West, F11.

School, E11.

boundary), E17.

Borough boundary, E17.

54 Sewardstone Gardens to Antlers Hill, E4.

31 Sewardstone Gardens to Yardley Lane, E4.

50 Endlebury Road to Elmfield Road / Fairlight

Station Road Bus Station to 27 Beresford Road, E4.

Bush Road to Whipps Cross Road, E11. 305A Footpath 305 to High Road, Leytonstone, E11. 305B Footpath 305 to Hollybush Hill, E11. High Road, Leytonstone to Holly Road, E11. 306 Footpath P306 in a general northerly direction, 307 High Road, Leytonstone to south side of Eastern Avenue, F11. A copy of the Order and the Order Plans may be seen free of charge between the hours of 9am to 5pm during the period commencing on 21st September 2009 and ending on 2nd November 2009 at the following locations: London Borough of Waltham Forest Town Hall, Forest Road, Walthamstow E17 4JF · London Borough of Waltham Forest, Low Hall, Argall Avenue, Leyton, E10 7AS North Chingford Library, The Green, Chingford E4 7EN Copies of the Order and the Order Plan may be obtained at all the above locations for no charge.

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If no representations or objections are duly made to the Order, or to any part of it, or if any so made are withdrawn, London Borough of Waltham Forest, instead of submitting the Order to the Secretary of State may itself confirm the Order, or that part of the Order, If the Order is submitted to the Secretary of State (in whole or in part), any representations or objections which have been duly made and not withdrawn will

#### Dated 21st September 2009

Mr K Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS

## **Planning**

#### LONDON BOROUGH OF WALTHAM FOREST PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990 - SECTION 67

NOTICE IS HEREBY GIVEN that the following application for a building within a Conservation Area has been made to this Authority.

**APPL.NO** 2009/1136

APPLICANT Mrs Androula Loiseau

ADDRESS Tom Thumb Nursery, 20 Shirley Close, 1-7 Beulah Path, Walthamstow, London E17 9LZ

PROPOSAL Erection of 2 single storey extensions and increase number of children from 33 to 45.

#### **TOWN & COUNTRY PLANNING (CONTROL OF ADVERTISEMENTS) REGULATIONS 1992**

NOTICE IS HEREBY GIVEN that the following application for planning permission has been made to the Council.

APPL.NO 2009/1086/ADV

APPLICANT Mr Steve Shenstone

**ADDRESS** Asda Superstore, 1 Leyton Mills, Marshall Road, Levton E10 5NH

PROPOSAL Installation of an internally illuminated aluminium (5800mm x 2650 mm) green vinyl display panel.

The application is open to inspection by the Public at the offices of the Development Management,

Sycamore House, Town Hall Complex, Forest Road, London E17 4JF between the hours of 9.00a.m. -

5.00p.m. Monday to Friday. Any representations relating to the application should be made in writing to the Planning Division within 21 days of the date of this Notice.

21 September 2009

David Scourfield - Head of Development Management On Behalf of London Borough of **Waltham Forest** 

The above Order, made on 21st September 2009, if

confirmed as made, will modify the Definitive Map and

Statement for London Borough of Waltham Forest (Part)

by adding to them routes where public rights exist or are

Borough of Waltham Forest (Part)

Modification No.1 Order 2009

# We need your back-up



Sign our online petition to help us to secure 120 extra police officers for Waltham Forest.

Visit **www.walthamforest.gov.uk/backup** or complete and return the coupon below.

#### The evidence is clear

Our analysis of official police data shows that Waltham Forest is owed at least 120 police officers.

- Not only does Waltham Forest have the eighth highest rate of serious crime per 1,000 population, we also have the fourth highest rate of serious crime per police officer in London.
- In comparison to Hackney, which has similar crime levels, we have 199 fewer police officers. We do not think this is right.
- Just to reach the London average of police officers per serious crime we would need an extra 127 officers.
- A special report commissioned by the Metropolitan Police themselves identified our borough as having a unique crime profile and set of challenges to face.



Waltham Forest

# Waltham Forest is calling for back-up

I support Waltham Forest's campaign to secure 120 additional police officers to reach a fair level of police resourcing in the borough.

Name:	
Address:	
Postcode:	
Email:	
Comments:	

Thank you for showing your support. Please return this coupon to:

FREEPOST RRGL-ZXTL-GZXZ London Borough of Waltham Forest Waltham Forest is calling for back-up Town Hall, Walthamstow, E17 4JF

By completing this coupon you are agreeing to be contacted with more information about this campaign.

☐ Please tick here if you do not wish to receive this.